



PAYMAN ABDALI (BANAFSH)

music has no borders

Composer, Vocalist and, Lyricist

BIO

- ✦ Payman Abdali (BANAFSH) is an Iranian composer, lyricist, and vocalist working at the intersection of experimental music, poetry, and performance. Over four decades, he has composed for theater, film, and contemporary dance. He has invented two original genres: Dark Cinematic Noir (spoken monologues over ambient-industrial textures) and Noir Ritual House (hypnotic, percussive grooves with Iranian microtonality). His current project, "Lavender," is a solo mixed-art performance and album.



Concerts and Performances

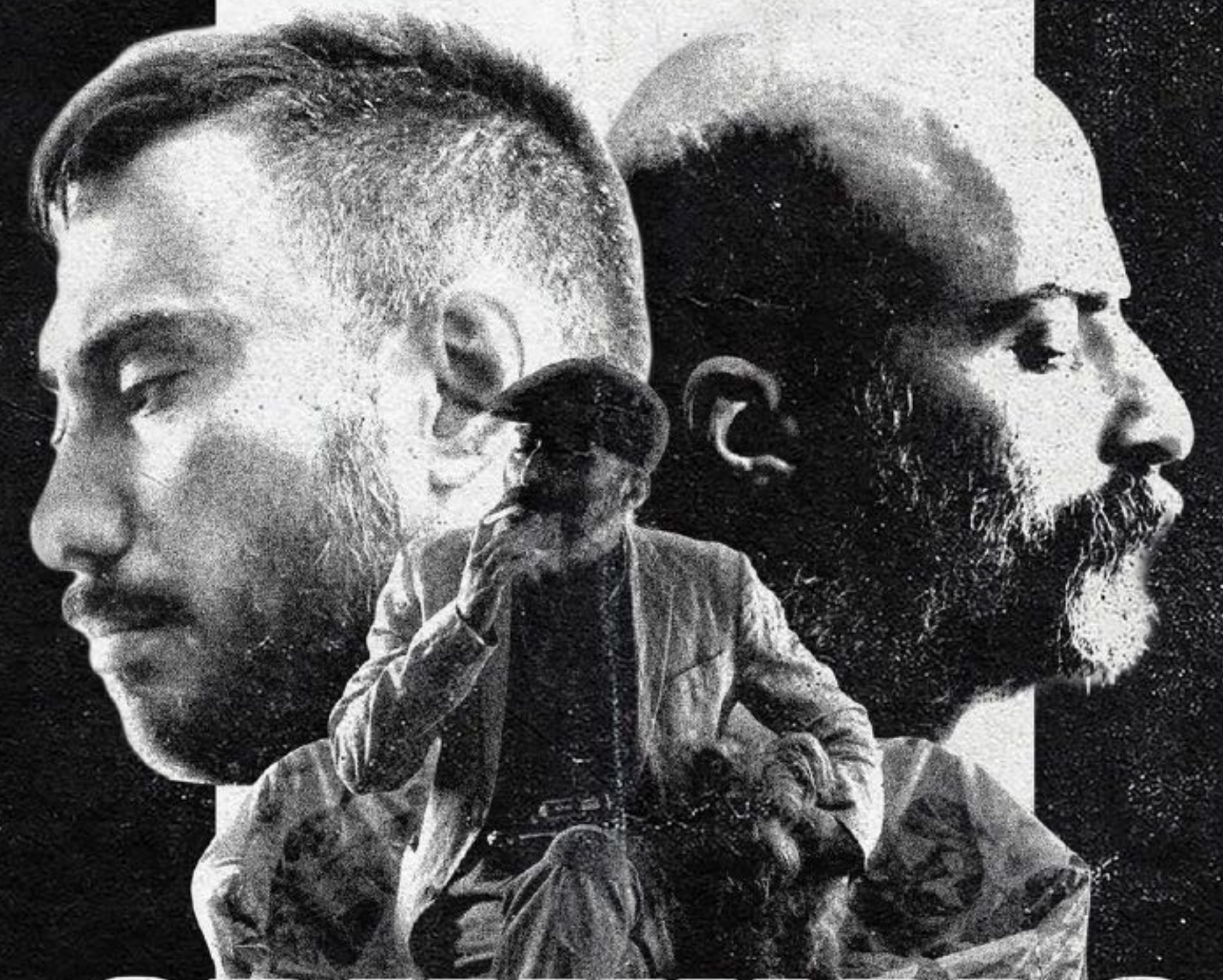
- ✦ Electronic Music Recital: CSUS, Sacramento, CA, 1987.
- ✦ Music Concert: "Creation", Tehran, Iran, 1996.
- ✦ Music Concert: "Circles of Ustek", Czech Republic, 2003.
- ✦ Music Concert: "A Pledge for Peace", Tehran, Iran, 2016-2018.
- ✦ Konzert Improvisation: "Improvisation in Eindorf", Vienna Austria, 2022.
- ✦ Experimental Music Concert: "Post Orientalism", Berlin, Germany, 2023.



Film, Theater and TV Score

- ✦ TV Series Score: "A Summer Full of Kindness", Tehran, Iran, 1992.
- ✦ TV Series Score: "Finding a Friend", Tehran, Iran, 1995.
- ✦ Theater Music Composition**: "The Song of the Fairy", Tehran, Iran, 1995-1996.
- ✦ Theater Music Composition**: "Haghil", Tehran, Iran, 1999.
- ✦ Theater Music Composition: "Yadegari", Tehran, Iran, 2004.
- ✦ Documentary Film Score: "Window", Tehran, Iran, 2015.
- ✦ Theater Music Composition: "Moments in Silence", Prague, Czech Republic, 2016
- ✦ Documentary Film Score: "Don Shahriyar", Tehran, Iran, 2020
- ✦ Trailer Music: "When Pomegranates Howl", Australia, 2021.
- ✦ Short Film Score: "Criminals", Iran, 2024
- ✦ Short Film Score: "Me, Mother", Iran 2025

Writer and Director:
HOSSEIN HADINEZHAD



CRIMINALS

Cast:

Farshid Adham, Sina Mazaheri, Tara Abtahi, Mahmoud Asgari

Cinematographer: Hamid Shokouhi

Sound Recorder: Hossein Pourrahimi

Composer: Payman Abdali

Planner: Atefeh Gowhari

Make up Artist: Tahereh Oryson

Music Editor and Sound design: Arvin Armani

Poster Designer: Mohammad Hossein Khatami

Contemporary Dance Music

- Contemporary Dance: "BO_R_DER Chapter I", Carrara, Italy, 2019.
- Ambient Music Composition: "Bordeaux Blues", Bordeaux, France, 2021
- Contemporary Dance: "BO_R_DER Chapter II", Vienna Austria, 2022.
- Contemporary Dance: "Carpet of Time", Brussels, Belgium, 2023.

ToscanaIncontemporanea2019 Regione Toscana GIOVANI SI

SEMI CATTIVI

CAntier! Aperti

VI EDIZIONE

DISPOSITIVI INATTUALI

30.09 - 10.11 2019

30.09
Inizio lavori. Presentazione della programmazione del festival e del programma di arte contemporanea. Dispositivi Inattuali con gli artisti Daniele Marzorati e Giacomo Montanelli con Semi Cattivi e il comitato curatoriale Alessandra Iannetovich, Caroline Gieslin, Giulio Saverio Rosa e Gabriele Iosi
ore 18:00
Coworkers, Massa

02.10
Memorie della Z.I.A. incontro con l'Ordine degli architetti di Massa Carrara, con Angelo Enzetti
ore 18:00
Coworkers, Massa
alle ore 17:00 visita guidata in bus della Zona Industriale Apuana
Prenotazione obbligatoria

03.10
La Z.I.A. in vacanza visita guidata con l'Ordine degli architetti di Massa Carrara
ore 18:00
Cefnomy, Marina di Massa

04.10
Mio nonno dice che la rotonda di "Una rotonda sul mare" è a Marina di Massa progetto di Giulio Saverio Rosa
nuovo alle ore 19:00
parcheggiamento Lucarelli, Massa
Prenotazione obbligatoria

Fabrizio Prevedello: Il tuo e il mio tempo
film dell'artista moderato da Alessandra Iannetovich
ore 18:00
via Palestro 61, Massa

a seguire
Tutti al cinema scomposto
Giardini e androni di Eorgio del Ponte con cena
Prenotazione obbligatoria

05.10
Portfolio review con 10 artisti under 35 e presentazione delle pratiche curatoriali di Giulio Mengozzi, Irene Calzavara e Marcello Todisco
ore 15:00 - 20:00
Ex Ospedale San Giacomo, Carrara

05.10
Visita guidata casa Morini Altini, Stazzema
ore 11:00
Prenotazione obbligatoria

Presentazione della nuova opera di Daniele Marzorati a conclusione del programma di residenza e prodotta da Cantieri Aperti
ore 18:30
Luogo da definire

dal 11.10
Everyday / Ogni Giorno
opera fotografica dei Semi Cattivi di illustrazioni pubblicitarie di Massa

L'età della tigre
di Juan Canzani
presentazione del libro con l'autore
ore 18:00
Ex Ospedale San Giacomo, Carrara

12.10
Discussioni prima dell'azione: il senso politico del corpo con Valentina Valentini
ore 11:00

Laboratorio di danza con Roberto Castella
ore 18:30 - 20:00
Prenotazione obbligatoria

a seguire
In nessun posto vicino
presentazione video Semi Cattivi

Tutta la giornata si terrà presso
l'Ex Ospedale San Giacomo, Carrara

13.10
Discussioni prima dell'azione: il senso politico del corpo con Valentina Valentini
ore 11:00

BO_R_D_E_R
coreografia di Massoumeh Jabali
drammaturgia Ines Mitten
danzatori Zahra Rostami Shahrbabaki, Massoumeh Jabali
sonoro Payman Abdali
ore 18:00

Buffet Iraniano
ore 20:00
Prenotazione obbligatoria

"Rotte Mediterranee" suoni e canti tra le due sponde del Mare Nostrum
concerto di e con Stefano Seletti e Barbara D'Eramo
ore 21:00
Tutta la giornata si terrà presso
l'Ex Ospedale San Giacomo, Carrara

19.10
Tra un alto e l'altro
esercizi di propinazione
una conversazione tra Lara Conte e Beatrice Meoni
ore 18:00

Ulisses
di Semi Cattivi
ore 18:00

Ultras - Sleeping Dances
di e con Cristina Kesselmann
ore 18:00

Tutta la giornata si terrà presso
ex S.M.G.
via degli Olivetti 15, Massa

20.10
Double / Il corpo doppio
performance ispirata al Goya di Dosztoevsky
Opera collettiva: nogi opzi di Borgo del Ponte, Massa

2-10.11
La parola nello spazio
laboratorio con Saverio La Rina
ore 10:00 - 13:00
e 15:00 - 19:00
Ex Ospedale San Giacomo
Carrara
Prenotazione obbligatoria

prenotazioni e info +39 3396961617 / festivalcantieriaperti@gmail.com / www.cantieriapertifestival.com/

COMUNITA' INTERATTIVE
Officina per la partecipazione

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Inter City System

Nominations

- ✦ Best Theater Composition candidate, Fadjr Festival, Tehran, Iran, 1996
- ✦ Honorary award for theater music composition, First women Theater Festival, Tehran, Iran, 2000
- ✦ Honored for Single “Waiting For the Sun”, 10th anniversary of Sahar English Network, Tehran, Iran, 2007
- ✦ Candidate for best music for documentary, Haghighat Documentary Film Festival, Tehran, Iran, 2015
- ✦ Candidate for best music for Peaceful Revolution “We Are the People”, Social Art Award 2019, Institute for Arts and Innovation, Berlin Germany, 2019

Essence

The idea of forming a performing band initiated in 2013 when a project called "Peace in the Persian literature" came into effect. "Peace in the Persian literature" (later on changed to "A Pledge for Peace") consisted of 15 poems from different Persian poets (some dating back 1000 years) about "Peace, Harmony, Comradery, Tolerance, Love, Joy of life, Humanity and Mutually Respectful Coexistence."

You Cannot Give what you don't have.

Make peace with yourself, love yourself, reach out for your dreams.

Then make peace with, love and help others dream their dreams



Reviews

10/22/2020

BNAFASH "Soul Man of the East" - Independent Music and Arts, Inc.

BNAFASH "Soul Man of the East"



The image shows the cover art for the BNAFASH single "Soul Man of the East". It features a purple background with a central circular emblem. Inside the circle, there are eight hands of different colors (blue, red, green, yellow, purple, pink, light blue, and light green) arranged in a ring, with a yin-yang symbol in the center. Above the circle, the Persian text "پیامتی برای صلح" (A message for peace) is written in a stylized font. Below the circle, the English text "A Pledge for Peace" is written. The BNAFASH logo is in the bottom left corner.

BNAFASH "Soul Man of the East" Single Review

FACEBOOK: en-gb.facebook.com/banafash.band/

Step into another world – a far offland to the East. Your mind wanders. Your soul searches for a comforting friend and moral compass. You find what you're looking for when you come across Iranian band, BNAFASH. Their new single "Soul Man of the East" transforms your mind into a meditated state, all you hear and feel are their ambient strings, percussions, keys and father-like vocals.

BNAFASH is a nine-member band that hails from Tehran, Iran. Tehran is Iran's largest city and it also happens to be one of the most populated towns on the planet. It makes sense then that a band with rich, centuries old culture would utilize its backyard for inspiration and elevated sounds. There are men and women in the group. I was expecting to hear a bit more female-backing vocals, but I couldn't quite capture their sound. Perhaps seeing them live would be a different experience. Let's face it, sometimes bands sound better live than they do on record.

I'm not saying that's the case with BNAFASH, but I would wonder the females in the band likely have a more spotlighted sound on a larger stage. I would hope.

I think what BNAFASH does best is create a pallet for the listener that is basic – they don't try and overwhelm the listener with a loud ruckus; they don't try and put EDM with jazz. They simply fuse together electrical instruments with whispers of traditional Eastern instrumentation. It's more down to not feel like it belongs in a certain era. It doesn't feel dated.

Vocalist, Payman's delivery is a bit striking. At first, he grows on you. He has such a deep voice it's reminiscent of Vincent Price in "Thriller." Okay, not that scary! He's commanding, but still charming like in a father figure way. The lyrics are very easy to follow: "I'm speaking, as the soul man, of the east. I sing with any rhyme that"

<https://www.tribeai.com/11772-2/>

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The Journal of Roots Music (/)

NO DEPRESSION

Thank you for creating an account. Your account is currently pending approval by the site administrator. Once it has been approved, you will receive an e-mail containing further instructions.

ALBUM REVIEW

BANAFSH - Soul Man of the East” (single)

[BANAFSH \(/artist/banafsh\)](#) - [Soul Man of the East” \(single\)](#) / [\(album/soul-man-east~single\)](#)

[\(/users/mindy-mccall\)](#)
RV MINDY MCCALL (/USERS/MINDY-MCCALL)
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10/22/2020

BANAFSH'S Call to the World – Indie Music Reviews

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BANAFSH'S Call to the World

2 years ago

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5/8/2018

Iranian Band Banafsh releases new single "Soul Man of the East"

(<http://indiebandguru.com>)

BANAFSH EXOTIC NEW SINGLE "SOUL MAN OF THE EAST"

Scott Carlito (<http://indiebandguru.com/author/cyrus/>) Review (<http://indiebandguru.com/category/review/>) 12d ago
BANAFSH (<http://indiebandguru.com/tag/banafsh/>), iran (<http://indiebandguru.com/tag/iran/>), Rock (<http://indiebandguru.com/tag/rock/>)

Tehran, Iranian band, BANAFSH have much to say, in such a small package in the memorable "Soul Man of the East." This new track, from the band's forthcoming album, A Pledge for Peace, is a simple gesture filled with strong orchestration and a toe-tapping chorus.

Just as John Lennon and Yoko Ono pleaded "Give Peace A Chance" (and Sean Lennon reprised in 1991), BANAFSH takes over the baton. They remind us in the simplest of ways to spread the word about peace: they put it to music.

This English and Persian sung track has strong Middle Eastern strings and keys – the electric guitars fuse nicely with acoustic guitars. The song sounds very measured, it's like clockwork and predictable but surprisingly airy and flowery in a borderline psychedelic way. It's only mind-altering in the way that as a listener you are empathetic to their way of life, their plea for peace.

<http://indiebandguru.com/banafsh-soul-man-of-the-east/>

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Music Genres

Electronic Music
World Electro ambient Music
Film Score
Theater Music

Key Achievements

Pioneering performances at CSUS in 1987.
Nominated for best theater music at the International Fajr
Festival, 1995
Berlin Solo Performances 2023

Publication

Purple Fields of Lavender
Poems and Lyrics

Contact Information

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Skype: [payman.abdali](#)

Links

- BANAFSH Website: www.banafsh.com
- BANAFSH Instagram page: @banafsh.band
- BANAFSH X : @banafsh8
- BANAFSH Band YouTube: <https://www.youtube.com/channel/UCFxpZcxF6PcWZzp9ncyQaRQ/videos>
- BANAFSH Topic YouTube: https://www.youtube.com/channel/UChU7_edfbcSTI5BNY55AS8g
- BANAFSH Spotify: <https://open.spotify.com/artist/09aPGs648D0UIMLLPMbrzA>
- BANAFSH FaceBook: <https://www.facebook.com/banafsh.band>
- BANAFSH Bandcamp: <https://banafsh.bandcamp.com/>



